

“Elbe-Querque” Sunday Zoom Meeting Format

- Good evening everyone and welcome to the *Elbe-Querque Sunday Zoom* meeting of Alcoholics Anonymous. My name is _____ and I am an alcoholic.
- To avoid distraction from any background noises, would you please mute your microphone except when you wish to speak.
- Before we begin, let us pause for a moment of silent meditation to reflect on our reasons for being here, followed with the *Serenity Prayer*. (*Note: the chairperson should NOT mute his/her microphone but should lead the prayer.*)

*GOD, grant me the Serenity to accept
the things I cannot change,
Courage to change the things I can
and Wisdom to know the difference.*

- I've asked _____ to read the *Preamble*.
- I've asked _____ to read *How It Works*.
- I've asked _____ to read *The Twelve Traditions*.
- This is an open meeting of Alcoholics Anonymous. We are glad you are all here, especially newcomers. In keeping with our singleness of purpose and the Third Tradition, which states that “The only requirement for A.A. membership is a desire to stop drinking,” we ask that all who share confine their comments to their problems with alcohol.
- In keeping with our Twelfth Tradition of anonymity, we request that who you see here and what you hear here of a personal nature, please let it stay here after you leave the meeting.
- Is there anyone here for their **First, Second or Third** meeting since their last drink? If so, would you please introduce yourself by your first name only, so we may welcome you?
- Is there anyone here who hasn't been to this meeting before or anyone who would like to acknowledge their home group?
- Are there any AA related announcements?
- As I call your name, would you please introduce yourself. (*Call the names of the attendees from your Zoom window.*)
- Is there anyone here celebrating an AA birthday during this past week?
- Ask if anyone has a topic they would like to discuss, otherwise be prepared with a reading from AA literature and begin the sharing.

At the end of the meeting:

- I've asked _____ to read *The Promises* from pages 83 and 84 of the Big Book.
- Would everyone please mute their microphone and we will close the meeting with The Lord's Prayer. (*Note: the chairperson should NOT mute his/her microphone but should lead the prayer.*)